

Fresh Thinking Promotions

May 2025



In this Issue...

KOPPERT CRESS NEW RANGE

Fresh Update

Country Fare
Foodservice



FRESH | DAIRY | DRY | FROZEN | CHILLED | NON FOOD | PREPARED

EVERY DRINK DOES GOOD

APP ONLY
DEAL



BUY THREE GET ONE FREE



BUY 6 BURRATA **GET**

2 FREE

APP ONLY
DEAL

APP ONLY
DEAL

BUY A BOX OF CATERERS KITCHEN PRIME BURGERS



GET FLOURED
BAPS FREE



APP ONLY
DEAL



BUY 2 AZERA OR
NESCAFÉ ORIGINAL FOR
£49.95

Frobishers—Sparkler



Apple & Elderflower— 12 x 275ml



Simply Elderflower— 12 x 275ml



Ginger & Juniper Lemonade—
12 x 275ml



Sicilian Lemonade— 12 x 275ml

FROBISHERS

SPARKLERS

Lightly sparkling classics and
inventions



Raspberry & Rhubarb—
12 x 275ml

Mixers



Fentimans– Soda Water
24 x 200ml



Fentimans– Elderflower Tonic Water
24 x 200ml



Fentimans– Naturally Light Tonic Water
24 x 200ml



Fentimans- Pink Rhubarb Tonic Water
24 x 200ml



Frobishers– Jubilant Juice Pineapple
24 x 250ml



Frobishers– Jubilant Juice Tomato
24 x 250ml

Fizzy Flavours



**Trip- Elderflower Mint CBD
Infused 15Mg 12 x 250ml**



**Trip-Lemon Basil CBD Infused
15Mg 12 x 250ml**



**Trip- Peach Ginger CBD Infused
15Mg 12 x 250ml**



**Trip- Raspberry Orange Infused
25Mg 12 x 250ml**



**Bottlegreen- Sparkling Presse
Ginger Beer 12 x 275ml**



**Bottlegreen- Sparkling Presse
Raspberry Lemonade 12 x**



Blood Orange & Turmeric Sparkling- 12 x 250ml



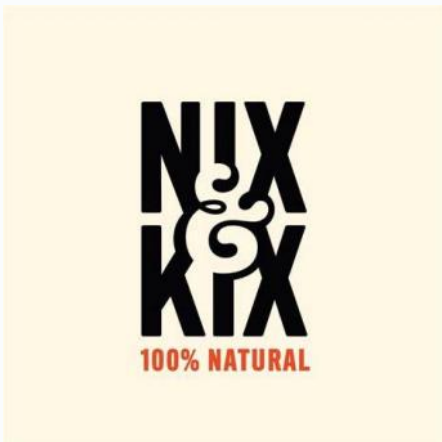
Cucumber & Mint Sparkling- 24 x 250ml



Mango & Ginger Sparkling- 12 x 250ml



Raspberry & Rhubarb Sparkling - 12 x 250ml



Watermelon & Hibiscus Sparkling- 12 x 250ml

Crisp



British Crisp Co– Sea Salt
24 x 35g



British Crisp Co– Salt & Vinegar
24 x 35g



Popchips– BBQ 24 x 23g GF



Popchips– Sour Cream & Onion
24 x 23g GF



Popchips– Sea Salt 24 x 23g GF



Popchips– Salt & Vinegar 24 x
23g GF



Delamere- Banana Flavoured
Milk 20 x 240ml



Delamere- Chocolate
Flavoured Milk 20 x 240ml



Delamere- Strawberry
Flavoured Milk 20 x 240ml



Delamere- Iced Coffee
Flavoured Milk 20 x 240ml



delamere
DAIRY



TRY MAKING ME ICED!



SCAN FOR
ICED RECIPE



®Reg. Trademark of Société des Produits Nestlé S.A.

NESCAFÉ



**Lancashire– Catering Tea Bags
1100's**



**Nescafe– Gold Blend Instant
Coffee 750g**



**BOS– Lemon Iced Tea Rooibos
12 x 250ml**



**BOS– Peach Ice Tea Rooibos
12 x 250ml**



**Twinings Pyramid– Mango &
Pineapple Enveloped 4 x 15**



**Twinings Pyramid– Raspberry
Revive Enveloped 4 x 15**

1883-Flavoured Syrup



Pistachio Syrup- PET Bottle 1Litre



White Chocolate Syrup- PET Bottle 1Litre



Coconut Syrup- PET Bottle 1Litre



Iced Tea Peach Syrup- PET Bottle 1Litre



Lemon Syrup- PET Bottle 1Litre



Strawberry Syrup- PET Bottle 1Litre



Plenish– Berry Gut Health Shot
12 x 60ml



Plenish– Ginger Immunity Shot
12 x 60ml



Plenish– Spirulina Detox Shot
12 x 60ml



Plenish–Turmeric Defence Shot
12 x 60ml



Sproud– Barista Pea Milk
6 x 1Litre



**Framptons Professional– Barista
Coconut Milk** 12 x 1Litre

Cheese Slices



£2.65

Castello Blue– Castello Blue
Burger Slice 125g 5 Slices



£8.45

Emmental Slices– 50 x 20g 1Kg



£7.45

Monterey Jack Slices– 50 x 20g
1Kg



£2.95

Applewood– Vegan Smoked
Sliced Applewood Cheese 200g



£11.45

Kerrymaid– Vegan Perfect Melt
Burger Slices 56 700g



£2.35

Violife– Vegan Original Flavour
Cheese Slices 200g

Cheese



£4.95

Monkey Chop- Loveable Rogue
200g



£5.75

IOW Cheese Company- IOW
Soft 180g



£34.95

IOW Cheese Company-
Gallybagger 1.1Kg



£13.95

Bookham & Harrison- Sussex
Charmer 800g



£5.45

Black Cow- Black Cow
Cheddar Truckle 200g



£18.75

Lyburn- Garlic & Nettle 1.2Kg

Belazu



£24.95

Artichoke Hearts In Oil- 1.9Kg



£13.95

Smoky Cucumbers- 1.8Kg



£11.95

Marinated Mini Figs- 1.35Kg



£19.95

Grilled Red & Yellow Peppers In Oil- 1.9Kg



£23.95

Red Peppers Stuffed With Cream Cheese- 2Kg



£7.95

Smoky Semi Dried Tomatoes- 1.15Kg



£14.25

Galbani- Guanciale 1Kg



£2.95

Galbani- Nduja Picante 200g



£8.75

The Mad Butcher- Chorizo Bites
500g



£3.80

Real Cure- Snacking Sticks
70g,



£18.95

Mad Butcher- Chilli Or Classic
Pork Sticks 8 x 70g



£6.95

Charcuti- Diced Chorizo 500g

Real Cure



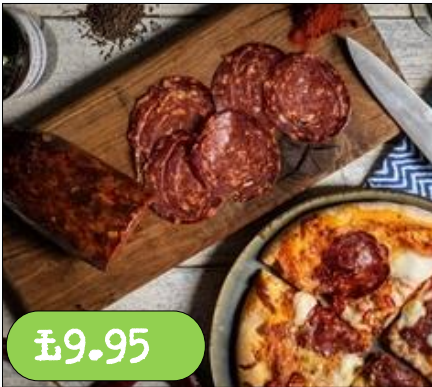
£14.95

5 Product Mixed Platter- 300g



£9.25

Sliced Pork Salami With
Peppercorn & Cider 200g



£9.95

Sliced Wild Venison Pepperoni-
200g



£24.95

Whole Dorset Nduja- Price Per
Kilo



£30.95

Whole Dorset Blue Vinny & Fig
Salami Price Per Kilo



£32.95

Whole Venison Salami Sloe &
Garlic Price Per Kilo

Blue Cheese



£26.95

Village Maid- Barkham Blue
Price Per Kilo



£26.95

Galbani- Dolcelatte Approx
1.5Kg



£3.75

Bookham & Harrison- Charmer
Blue 170g



£5.95

IOW Cheese Company- Isle Of
Wight Blue 180g



£19.75

Granarlo- Gorgonzola Approx
1.4Kg



£31.95

L'abras- Roquefort 1.35Kg

Smoke & Stock



£32.95

TRUEfoods- Fish- 2.5Kg



£18.95

TRUEfoods- Kombu Dashi 2.5Kg



£18.95

TRUEfoods- Fragrant Thai Broth
2.5Kg



£17.95

Chalkstream- Hot Smoked Trout
500-650g



£12.95

Midland- Frozen Smoked
Streaky Bacon 2.27Kg



£11.95

Midland- Frozen Unsmoked
Streaky Bacon 2.27kg



£21.95

Flora– Portions Vegan 200 x 10g



£7.95

Stork– For Baking 2Kg

Chilled



£2.45

Kerrymaid– Single UHT Cream 1Litre



£13.95

Arla– Fior Di Latte 10mm 2Kg



£4.95

Liquid Egg– Whole Egg 1Litre



£31.95

South Downs– Slightly Salted Butter Rolls 12 x 180g

Pre-Order

Koppert Cress



£16.25

**Growing Cress– Autumn Mix
x 16 Punnets**



£16.25

**Growing Cress– Shiso Bicolour
x 16**



£16.25

**Growing Cress– Olympia Cress
X 16**



£17.25

Leaves– Yka Leaves 2 x 15



£21.95

**Flowers– Apple Blossom
2 x 100 Pieces**



£19.95

Flowers– Bean Blossom 2 x 20



£9.50

Fruit Salad– Tropical 2Kg



£4.30

Washed Rocket– 500g



£9.95

Multi Coloured Coleslaw– 5Kg



£4.40

Ratatouille 20mm– 1Kg



£4.10

Broccoli Florets– 1Kg



£5.95

Whole Peeled Potatoes– 5Kg

Fresh Update

MAY



Local Asparagus

The South coast has a wealth of Local Asparagus, grown in Sopley, Isle of Wight and Brockenhurst. The climate and soil conditions give us perfect conditions for growing this amazing produce. We are a foodservice provider who is passionate about local produce and partners with local growers. The traditional asparagus season is short, it will finish towards the end of June, so make the most.

50%

OF YOUR DAILY

RECOMMENDED VALUE OF
FOLIC ACID IN 6 SPEARS

ASPARAGUS IS A MEMBER OF THE LILY FAMILY



4

CALORIES

IN EACH SPEAR



NEW THIS MONTH

BACK IN SEASON

May is a great month to get excited about summer produce. The expected warmer weather brings on a wealth of local produce, the pick of the bunch being **Asparagus** alongside lovely outdoor rhubarb. **Country Fare** continues to bring first of the season produce. For the month ahead:

•**Tom Berries** - Yellow and Red Available

•**UK Salad** - Local Fancy Leaf from Haywards, UK Little Gem's, cos and Iceberg. We will also see the first of the U.K. Baby leaves; Rocket, spinach and watercress.

•**Garlic Scapes**—very short season (10 days)

•**New Forest Rainbow Chard**—available in May

•**Scraping potatoes** from Cornwall and the Isle of Wight.

FRUIT

Local New-Forest Strawberries have started, this award winning strawberry is packed full of flavour. We hope to have our **chefs day out** again this year, date to be confirmed via social media.

All other Berries are available with daily deliveries in the market. **Red Currants** are still very expensive from **Chile**. **Spanish/French Peaches, Nectarines, Red Cherries** and **Apricots** should start this month, but will still be expensive until the season gets underway.

Melons – New season Spanish **Galia, Cantaloupe** and **Watermelon**. We have seen some very high prices on melons over the winter due to weather impacting crops. Recent weather in Spain is showing signs the Spanish season will be expensive too.

Imported Apples will slowly move over to be sourced from Southern hemisphere. Price increase comes with extra distance travelled.



British Tomato Fortnight

2nd June – 15th June

This two week event, the British Tomato Fortnight will be celebrating this amazing product in conjunction with the 'British Tomato Growers' Association'.

Did You Know?

British tomato production amounts to about 100,000 metric tonnes per year - about a fifth of the total volume of tomatoes sold in the country through the year, and up to a half in the summer.

SALAD

We are stocking a **plastic free cucumber** again this year, this in turn removes unnecessary waste from the supply chain. On average this takes out **3500** single pieces of plastic a week from our chain.

British English Salad - **Lollo Rosso, Oak, Biondi, Iceberg, Flat Lettuce, Little Gem** and **Cos** will start towards the end of the month, Weather permitting. Planting conditions have been favourable this spring, so we are hopeful for a great UK Lettuce season this year.

Baby Leaves – We will see **Uk Spinach, Rocket, Red Leaf** and **Red Chard** start. **The Watercress Co.** will have local standard and baby cress.

VEGETABLES

Rainbow Chard – Local Hampshire, is due to start this month. At this time of year root vegetables like Parsnips, **Swede, Celeriac** and **Turnips** are all best avoided but are still available. Old crop **English Carrots** will finish this month; we work closely with Bartlett's to make sure old season crop isn't too much of an issue.

English Spring Cabbage are fantastic, new season **Primo Cabbage** due in mid-month. **Savoy** is still being imported from **Portugal** and **Spain**, but are more expensive due to import. **Overwintered U.K. Cauliflower** is excellent and price is still very reasonable. New season summer **English Cauliflower** is due in at the end of the month, but be warned it will be a bit yellow and small.

Potatoes see much less issues this year due to the positive harvest we had in Autumn 2024. Prices have been stable and quality remains good. Planting for this season has also been a great success, with near on perfect conditions.

Fresh Peas in the pod, **Broad Beans** and **Runner Beans** have arrived from Spain/Italy, the local produce is due in next month.

Sauces



£9.75

Rio Pacific– Buffalo Wing Sauce
2.2Litres



£6.75

Rio Pacific– Louisiana Hot Sauce
2.2Litres



£11.45

Rio Pacific– Korean BBQ Sauce
2.2Litres



£18.95

Santa Maria– Korean Black Pepper Soy Sauce 2.5Kg



£8.75

Santa Maria– Fermented Korean Soy & Chilli Paste 800g



£3.45

La Mexicana– Frozen Guacamole 500g



£25.95

**La Mexicana– Salted Tortilla
Nacho Chips GF 12 x 500g**



£33.95

**La Mexicana– Chilli Tortilla
Nacho Chips GF 12 x 475g**



£22.95

**Santa Maria– Grilled Soft Tortilla
Wraps 72 x 30cm**



£16.95

**La Mexicana– Soft Flour Tortilla
Wraps 10Inch x 108**



£12.45

**Santa Maria– Taco Shells
72 x 135g**



£5.75

**Santa Maria– Frozen Avocado
Slices 500g**

Flavours



Major- Mari Base Fajita 1.25Litre



Major- Mari Base Moroccan 1.25Litre



Major- Mari Base Piri Piri 1.25Litre



Knorr- Satay Concentrated Sauce 1.1Litre



Nippon Shokken- Yakiniku Sauce 2Kg



Nippon Shokken- Mango Habenero Sauce 2Kg

Coming Soon

global bööba®

*Everything you need for
Bubble Tea*

Country Fare
Foodservice



Kenny's Sauces—New



£3.10

Kenny's— Mayonnaise 1Litre



£3.10

Kenny's— Ranch Dressing 1Litre



£3.10

Kenny's— Garlic Mayo 1Litre



£3.10

Kenny's— Tikka Mayo 1Litre



£3.10

Kenny's— BBQ Sauce 1Litre



£3.10

Kenny's— Burger Sauce 1Litre



£3.10

Kenny's- Cajun Sauce 1Litre



£3.10

Kenny's- Jerk Sauce 1Litre



£3.10

Kenny's- Sweet Chilli Sauce
1Litre



£3.10

Kenny's- Taco Sauce 1Litre



£3.10

Kenny's- Tomato Ketchup 1Litre



£3.10

Kenny's- Spicy Fried Chicken
Sauce 1Litre

Kenny's Sauces-New

Westaways



Pork Pattie– 2oz x 80



Pork Burger– 4oz x 40



Hot Dog Sausage– Cumberland X 30



Gluten Free– Pork Sausage 76% x 40 2.27Kg



Cocktail Sausage– Heritage Approx 150 2.27Kg



Sausage Meat– Honey Roast 4 x 1Kg



£24.45

Paramount- Chilli Mozzarella
Nuggets GF 1.9Kg



£1.33
each

£31.95

Paramount- Florentine
Fishcake 24 x 114g



£29.95

Paramount- Massaman Curry
15 x 300g



£22.95

Paramount- Cheesy Chutney
Melt 1.9Kg



£16.95

Pacific West- Chunky Battered
Cod Bites 20-30g 1Kg



£8.95

Pacific West- Sweet Chilli
Bubble Prawns 500g

Darta Cuisin' Easy



£32.95

Indian Summer Mix- Quinoa & Chickpeas 4 x 1.25Kg



£27.95

Green Valley Salad Mix- Broad Beans & Buckwheat 4 x 1.25Kg



£18.95

Topping- Tomato & Red Onion Topping (Bruschetta) 4 x 1.25Kg



£25.95

Sunny Vibes Salad Mix- Quinoa & Kale 4 x 1.25Kg



£31.95

Mambonito Salad Mix- Black Rice & Azuki Beans 4 x 1.25Kg



£32.95

Bella Ciao Salad Mix- Pasta & Pesto 4 x 1.25Kg

Passione Pizza



£125

Pizza Slab- Pala 20cm x 60cm
X 40



£110

Pinsa Original- Romana
Pizza Base 35cm x 20cm x 45



£125

Pizza Slab- Romana Teglia
30cm x 40cm x 32



£58.95

Scrocchia Napoli- 11" Pizza
Base 20 x 28cm x 20



£83.95

Tonda Rossa- 12" Romana
Pizza Base x 35



£94.95

Romana Classic- Artisan Pizza
Base 12" x 50

DELICIOUS THICK MILKSHAKES

NEW!



**MASSIVE +75% PROFIT
PER CUP**

SHMOO
FRESH THICK MILKSHAKES

**EARN
BIG
PROFITS WITH
SHMOO!**



**NATURAL
COLOURS &
FLAVOURS**

**BUY a SHMOO Blender for £210 (plus VAT) and get a
starter kit FREE (worth £109)**

SHMOO starter KIT

SHMOO STARTER KIT CONTENTS....

- 3 x 1.8kg Tubs of Shmoos:
Strawberry, Chocolate & Banana
(Approx 300 servings)
- 3 x Toppings and Tubs
- Metal mixing jug
- Point of Sale advertising pack

What other flavours are in the starter kit?

Banana, Strawberry and Chocolate



£15 off SHMOO starter KIT

Normal Price £109 Promo Price £94



£31.20

Connoisseur Skin On- Rustic
Fries 10Kg



£37.25

Potato Puffs- 10 x 1Kg



£34.45

Seasoned Skin On- Twister Fries
10Kg



£30.25

Stealth Skin On- 9 x 9 Fries
10Kg



£34.45

Seasoned Skin On- Waffle/
Crisscut 10Kg

Lamb & Weston

Lamb Weston®
POSSIBILITIES IN POTATOES

Find the perfect potato
for every plate

IOW Distillery—New



£36.80

Mermaid- Pink Gin 38% 70cl



£36.80

Mermaid- Zest Gin 40% 70cl



£45.40

Mermaid- Navy Strength Rum
HMS Victory 57% 70cl



£44.55

Mermaid- Navy Strength Gin
HMS Victory 57% 70cl



£36.80

Mermaid- Spiced Rum 38% 70cl



£36.80

Mermaid- Vodka 40% 70cl



£9.75

Blackcurrant Pie Filling– 2Kg



£10.45

Dark Cherry Pie Filling– 2Kg



£11.45

Apricot Jam– 3Kg



£15.75

Raspberry Jam– 3Kg



£9.25

Strawberry Pie Filling– 2Kg



£7.75

Bramley Apple Sauce– 2Kg

Frozen Desserts



£28.95

**Caterers Kitchen– Double
Chocolate Cookie Puck 90x50g**



£28.95

**Caterers Kitchen– Milk
Chocolate Cookie Puck 90x50g**



£28.95

**Caterers Kitchen– White
Chocolate Cookie Puck 90x50g**



£18.95

**Mademoiselle– Sticky Toffee
Cream Cake 14 Portions**



£23.95

**Mademoiselle– Basque
Cheesecake 1x 12 Pre Cut**



£17.95

**Mademoiselle– Chocolate &
Cherry Cream Cake 14Ptn**

Frozen Desserts



£24.95

HCC- GF Carrot Cake 22cm
14 Slices



£23.95

HCC- GF Pecan & Walnut Slice
Traybake x 15



£11.95

Mademoiselle- Lemon
Meringue Pie 12 Portion



£35.95

Bridor- Pisatchio Croissant
50 x 85g

72p
each



£16.95

Panesco- Crostata Al Limone
Pre-Portioned x 14

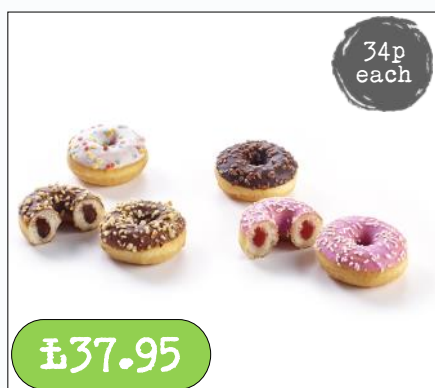


£22.95

Mademoiselle- Chouxnut
Caramelised Biscuit 12 x 83g

£1.91
each

Donuts



£37.95

PanESCO- Mini Donut Fancy Mix
4 x 28



£6.45

DWBH- Golden Fry Vegan
1 x 12



£13.95

DWBH- Spectacular Vegan
1 x 24



£17.95

DWBH- Queen V 1 x 24



£14.45

DWBH- Funfetti 1 x 24



£17.95

DWBH- The Belgiyumy 1 x 24



Cornetto Go- x 33



Feast Chocolate Flavoured Ice Cream- x 35



Mint Cornetto- x 24



Cola Calippo- x 24



Strawberry Mini Milks- x 44



Twister- Pineapple & Strawberry
x 35

Ice Cream—NFIC



Individual Tubs— Mango Passion
24 x 120ml



Individual Tubs— Salted Caramel
24 x 120ml



Continental— Strawberry 4Litre



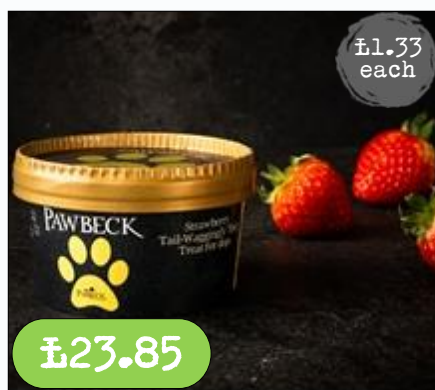
Vegan GF— Salted Caramel
2.4Litre



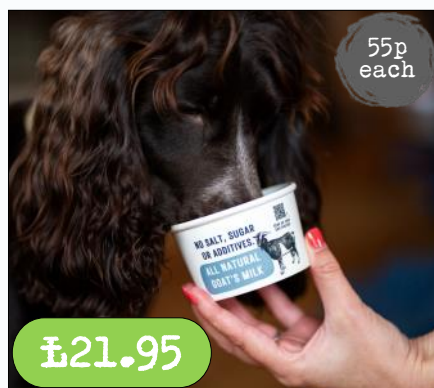
Dairy— Oriental Ginger 4Litre



Napoli— Honeycombe Swirl
4.75Litre



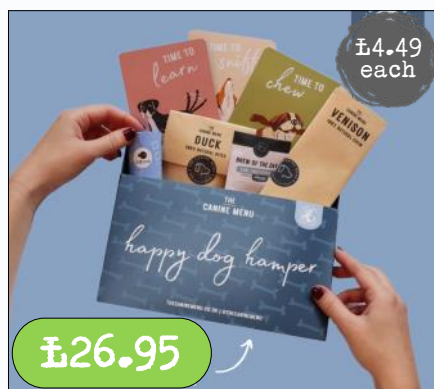
**Purbeck Ice Cream– Pawbeck
Dog Iced Treat 18 x 110ml**



**Canine Menu– Puppucino Kit
X 40**



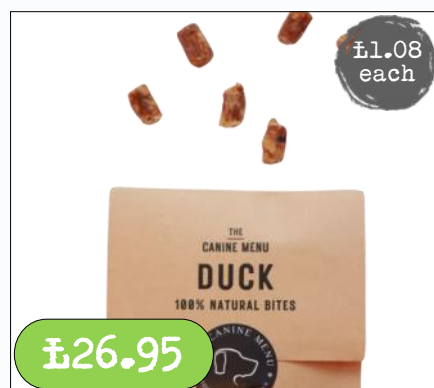
**Woof & Brew– Paw Pop Ice
Lollies 10 x 10 x 50ml**



**The Canine Menu– Happy Dog
Hampers x 6**



**The Canine Menu– Branded
Dog Bowls Enamel x 5**



**The Canine Menu– Duck Bites
100% Natural Dog Treats x 25**

Dog Treats

Disposables



£19.95

Caterpack- Wooden Wrapped Cutlery Set x 250



£99.95

Vegware- Window Box 1100ml x 300



£49.95

Foil Container- x 500 Lids Available



£52.55

Vegware- Cardboard Burger Box 6" x 210



£39.95

Vegware Sandwich Bag With Window Kraft 8.5" x 1000



£21.95

Prowrap- Foil Sheets 270mm x 300mm x 500



Poppies– 8 Fold Airlaid Tablin Napkins Navy Blue 40cm x 500



Poppies– 8 Fold Airlaid Tablin Napkins Black 40cm x 500



Poppies– 8 Fold Airlaid Tablin Napkins Forest Green 40cmx500



Poppies– 8 Fold Airlaid Tablin Napkins Grey 40cm x 500



Poppies– 8 Fold Airlaid Tablin Napkins White 40cm x 500



Poppies– 8 Fold Airlaid Tablin Napkins Bordeaux 40cm x 500

Airlaid Tablin



May Bank Holidays

Deliveries will continue as normal on
Monday 5th May
Monday 26th May

★ Please plan ahead, as our Telesales
Team will be unavailable on these days. ★

Place your orders anytime via
app, answerphone or email.

01202 574999